

doctors visits * prescription drugs * surgeries * copays * coinsurance * lactation consultant * well baby care * x-rays * dentures * oral surgery
orthodontia * periodontal services * eye exams * eye glasses * contact lenses * lasik surgery * radial keratotomy * prescription sunglasses
hearing aids * hearing aid batteries * blood tests * body scans * ekg * laboratory fees * orthotic inserts * contraceptive devices * crutches
wheel chairs * nebulizer * oxygen * prosthetics syringes * medic alert bracelet * acupuncture * alcohol and substance abuse treatment * ambulance
fertility treatment * hospital services * immunizations * physical exams * reconstructive surgery * service animals * sterilization * transplants
insulin * breast pumps * lanaze class * obstetric exams * pre and post natal treatments * occupational therapy * physical therapy * hypnosis
speech therapy * allergist * chiropractor * dermatologist * homeopath * osteopath * optometrist * christian science practitioner * ultrasound
sterilization reversal * doula * hair loss treatment * naturopath * hearing exams * tooth filings * teeth cleaning
dental x-rays * bridges * hospital bed * walkers * hospital beds * medic alert necklace * orthopedic shoes * post-mastectomy clothing * wigs
special baby formula * tuition for disability school * well child care * psychiatrist * psychologist * smoking cessation programs * organ donor
deductible * incontinence * reading glasses * thermometers * blood pressure cuffs * ear wax removal * contraceptives * dentures * diabetes testing
denture cleansers * diabetic aids * cholesterol testing * ear syringes * ear drops * elastic bandages * athletic brace * orthopedic support
contact lens care * pregnancy kit * corn treatment * therapeutic insoles * glucosamine supplements * catheter * incontinence products
ace bandages * ovulation kits * glucose products * insulin syringes * prenatal vitamins * electrotherapy products * wound care * splits & casts
ostomy products * walking aids * enteral feeding supplies * hydrocollators * juvenile incontinence * saline spray * callus cushions
foot care devices * rib and back belts * hot/cold therapy treatments * denture repair * baby sunscreen * breast pump accessories * glucose tablets
baby sunscreen * vaporizers * reading magnifiers * lip balm * heating pads * home medical equipment * first aid kits * condoms

365 WAYS TO USE YOUR FSA

*Ideas for maximizing your FSA dollars and
saving you money every day of the year*



THE HARRISON GROUP, INC.

medical monitoring * eye glass lens accessories * blood glucose test strips * children's first aid * cold packs * sunscreen over 30spf * walking aids
AA meetings * acupressure * adaptive equipment * adoption fees * airfare related to medical treatment * anesthesia * ankle brace * arm sling
anti-embolism stockings * arthritis gloves * artificial insemination * athletic tape * automated external defibrillator * baby breathing monitor
bariatric surgery * bed pan * bifocals * birthing classes * blood donation * braille books * breastfeeding classes * bus fare for medical treatment
cancer screenings * cane * cardiac treatment * carpal tunnel support * cataract surgery * chiropodist treatment * chondroitin * circumcision
mental counseling * chap cleaning products * chap supplies * ct scan * dental implants * dental sealants * dera scan * diallhermy * donor fees
diagnostic radiology * disposable underwear * drug overdose treatment * emergency room treatment * nema * eye mask for pain
eye pressure monitor * flu shot * fluoride treatment * foreign medical care * gait belt * gauze * guards for teeth grinding * gynecologist
handicap license plates heart scan * home health care * human guide * hysterectomy * immunotherapy * inpatient hospitalization
invisalign orthodontics * fu equipment * joint supplements * ketone test strips * kinesiology * lactation consultant * lancets * lanolin
light therapy * lumbar support * mammogram * maternity support belt * medical records charges * medicine droppers * mediscopes
midwife treatment * mobility scooter * moleskin * mri * motion sickness wristbands * neti pot * night mouth guard
norplant insertion or removal * nasal strips for congestion * nursing home * allergist * occlusal guard * peak flow meter
pediatric radiologic studies * pet scan * phototherapy * pill boxes * pill cutter * pill sorter * pregnancy aids * preventative care
proton pump inhibitor * psychiatric care * pulse oximeter * rehabilitation center * retainer * sharps container * sitz bath * skinoplasty
smoking cessation programs * sleep deprivation treatment * steam inhaler * sublingual immunotherapy * stethoscope * steam packs
telehealth * tens machine * therapy eye mask * tourniquet * transcutaneous electrical nerve stimulation device * tooth extraction
tubal ligation * urinalysis * urological products * uv treatments * varicose vein surgery * vep test * vision correction * wellness scans
wipes for glasses * wisdom tooth extraction * wound care * contact lens case * acid relief pillow * fever relief sheet * spinal traction devices
forehead thermometer * owlet newborn monitor * saline nasal wipes * gluten sensitivity kit * peanut sensitivity kit * blister care * band aids
kt tape * steam inhaler * hand cream with at least 30spf * sperm testing kit * electric heating pad * foot roller * cotton pads * bandage remover
breast milk test kit * sports medicine treatment * cardiac electrophysiology * critical care * sleep center studies * pulmonary aids

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Eligible Expenses

In order to pay for an expense using your FSA dollars, that expense has to be considered ELIGIBLE by the IRS. To view our searchable list of eligible expenses, go to:

<https://www.theharrisongrouponline.com/resource-library/#FSA>

The HG Advantage Card



With the HG Advantage Card, using your FSA dollars has never been easier. It streamlines the process of managing multiple benefit plans with us. All you need is ONE card! You'll receive two cards when you enroll, and can request additional cards for your spouse and dependents who are 18 years and older -- for free!

Payments are automatically withdrawn, minimizing your out-of-pocket costs. The card's technology ensures that the correct balance is pulled when you swipe it.

Requesting Reimbursements

If you pay upfront for FSA-eligible products and services, you may request reimbursement by filing a claim and providing documentation. You can request reimbursements using either your online account or your mobile app, in addition to sending a form via email or US mail. If you sign up for direct deposit, you'll get reimbursed even faster, as the money will get deposited straight into your bank account. You may also request a check reimbursement.