

FSA/HSA Eligible Over The Counter Items

Effective January 1, 2020

NEW! Effective January 1, 2020, the IRS allows for the reimbursement of Over-the-Counter (OTC) medicines or drugs to be purchased with Health Care FSA or Health Savings Accounts (HSA) funds. There is no need for a prescription or doctor's note. You may utilize your HG Advantage Card for these purchases.

Sample List of Eligible Over-the-Counter Medicines and Drugs

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| <ul style="list-style-type: none"> ▪ Acid Controllers ▪ Acne Medications ▪ Allergy & Sinus ▪ Antibiotic Products ▪ Antifungal (Foot) ▪ Antiparasitic Treatments ▪ Antiseptics & Wound Cleansers ▪ Anti-diarrhea's ▪ Anti-gas ▪ Anti-itch & Insect Bite ▪ Baby Electrolytes & Dehydration ▪ Baby Rash Ointments & Creams ▪ Baby Teething Pain ▪ Cold Sore Remedies ▪ Contraceptives (non-condom products) ▪ Cough, Cold & Flu ▪ Denture Adhesives, Repair & Cleansers ▪ Denture Pain Relief ▪ Diabetes Testing & Aids ▪ Diagnostic Products (Thermometers, Blood Pressure Monitors, Cholesterol) ▪ Digestive Aids | <ul style="list-style-type: none"> ▪ Ear Care ▪ Elastic/Athletic Treatments ▪ Eye Care ▪ Family Planning (Pregnancy Tests/Ovulation Kits) ▪ Feminine Antifungal & Anti-itch ▪ Fiber Laxatives (bulk forming) ▪ First Aid Burn Remedies ▪ First Aid Dressings and Supplies ▪ Foot Care Treatment ▪ Glucosamine and/or Chondroitin ▪ Hearing Aid/Medical Batteries ▪ Home Health Care: Walking Aids, Ecubitis/Pressure Relief, Enteral/Parenteral Feeding Supplies, Patient Lifting Aid, Orthopedic Braces/Supports, Splints & Casts, Hydrocollators, Nebulizers, Unmedicated Wound Care, Wheelchairs ▪ Hemorrhoidal Preparations ▪ Homeopathic Remedies ▪ Incontinence Protection & Treatment Products | <ul style="list-style-type: none"> ▪ Laxatives (non-fiber) ▪ Medicated Nasal Sprays, Drops & Inhalers ▪ Medicated Respiratory Treatments & Vapor Products ▪ Menstrual Care Products (Pads, Tampons, Cups, Sponges, Liners) ▪ Motion Sickness ▪ Nasal Care ▪ Oral Remedies or Treatments ▪ Pain Relief (Oral and Topical) ▪ Prenatal Vitamins ▪ Reading Glasses & Maintenance Accessories ▪ Skin Treatments ▪ Sleep Aids & Sedatives ▪ Smoking Deterrents ▪ Stomach Remedies ▪ Unmedicated Vapor Products |
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Currently, the IRS does **NOT** allow the following OTC items to be reimbursed under Health Care FSAs or HSAs unless they are prescribed by a physician. Here's a sample list of **INELIGIBLE EXPENSES**.

Sample List of Ineligible Over-the-Counter Medicines and Drugs

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| <ul style="list-style-type: none"> ▪ Baby Formula/Nutritionals ▪ Fluoride Treatments | <ul style="list-style-type: none"> ▪ Hair Growth Products ▪ Herbals & Botanicals | <ul style="list-style-type: none"> ▪ Vitamins & Vitamin Supplements ▪ Weight Control Supplements |
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Note: This list is not meant to be all-inclusive.